DINE-IN • TAKE OUT • KITCHEN ALWAYS OPEN TILL MIDNIGHT!







VOTED BEST BAR IN HILTON HEAD



HOME OF HHI BROWNS BACKERS



REGIONAL CRAFT BEERS

EAT LOCAL



FAMILY OWNED

LOCAL BUTCHER GROUND BEEF

VOTED BEST FISH & CHIPS

VOTED BEST HOT DOG last 6 years

HOME OF THE FRIED TWINKIE









APPETIZERS

SOUL KITCHEN fries and eight wings tossed together in ourhomemade chipotle ranch \$10.95

PULLED PORK NACHOS cheese, jalapenos, tomatoes, pulled pork (or sub smoked chicken) and Carolina bbq sauce \$10.95 / small \$7.95

BONE-IN WINGS Chipotle Ranch — Carolina BBQ — Red BBQ Spicy Southwest BBQ — Hot — or Plain (12) \$12.95 (6) \$7.95

BONELESS WINGS Chipotle Ranch — Carolina BBQ — Red BBQ Spicy Southwest BBQ — Hot — or Plain (12) \$12.95 (6) \$7.95

BUFFALO PIROGIES hot sauce, blue cheese crumbles, fried onion garnish (4) \$8.95 (2) \$5.95

CRAB PRETZEL soft pretzel served with crab shrimp dip \$9.95

HOT PRETZEL \$5.45 add cheese sauce 95¢

SLIDERS Two mini hand-pattied burgers \$6.95 Add any additional toppings for an extra charge

BASKET OF SOUL FRIES \$6.95

BASKET OF CHILI CHEESE FRIES \$6.95

NEIL'S CAJUN FRIES \$6.95

HOMEMADE ONION STRAWS Basket \$5.95 / Side \$3.45

HOMEMADE POTATO CHIPS Basket \$5.95 / Side \$3.45

CRISPY CUT FRENCH FRIES Basket \$5.95 / Side \$3.45

Try Some of our Homemade Sauces ~

Habanero Ketchup, Soul Sauce, Dirty Ranch, Stout Mustard

HOMEMADE SOUPS

Cup \$4.45 • Bowl \$5.95 • Quart to Go \$16 Seafood Soup ~ Cup \$5.45 • Bowl \$6.95 • Quart \$18

WEDDING SOUP Chicken, pasta, Italian meatballs and spinach

OR TRY OUR HOMEMADE SOUP OF THE DAY





STREET MEET SAUCES TOGO!

Habanero Ketchup, Soul Sauce, or Guinness Stout Mustard \$8

SALADS

GARDEN SALAD

Mixed greens, tomatoes, onions, cucumbers and carrots \$6.95

CAESAR SALAD

Romaine, croutons, parmesan cheese and caesar dressing \$7.45

GREEK SALAD

Mixed greens, onions, tomatoes, cucumbers, carrots, kalamata olives, pepperoncini and feta cheese \$8.95

SPINACH SALAD

Spinach, tomatoes, mushrooms, carrots and bacon bits \$8.95

Add Grilled Pita Bread to any salad \$1









ADD PROTEIN TO ANY SALAD

Chicken - Grilled, Blackened or Fried \$5.45

Smoked Chicken \$5.95

Roasted Turkey \$5.95

Burger Patty \$5.45

Gyro Meat \$6.45

Pulled Pork \$5.95

Prime Rib \$7.95

Elk \$9.95

Fish - Grilled, Blackened **or Fried** \$6.95

Grouper \$9.95

Shrimp - Grilled, Blackened **or Fried** \$6.95

Salmon - Grilled or Blackened \$7.95

Tuna \$7.95

Tofu \$6.45

Veggie Burger Patty \$5.95

DRESSINGS ~

Ranch, Blue Cheese, 1000 Island. Honey Mustard, Golden Italian, Oil & Vinegar, Feta & Olive Greek. **Fat Free Sundried**

Tomato

\$8 LUNCH MENU EVERYDAY 11:30-2PM

INCLUDES SWEET OR UNSWEET TEA



HALF & HALF

Half Shrimp Salad Sandwich Garden or Caesar Salad Half Chicken Salad Sandwich Bowl of Wedding Soup Half a Pressed Cuban Bowl of Soup of the Day (additinal charge for seafood soups)

SCOOP SALAD

Shrimp or Chicken Salad on a Garden Salad

GARDEN OR CAESAR SALAD

with Grilled Chicken or Fish (add Grilled or Blackened Shrimp for \$1.45 more) (add Gyro Meat for \$1.95 more)

BUFFALO SHRIMP WRAP with Chips or Slaw FISH CAESAR WRAP with Chips or Slaw

Enjoy with a Glass of House Wine \$3.50 or a PBR Draft Beer \$2.25





HOT DOGS

We Proudly Serve Hofmann's Hot Dogs from Syracuse, NY!

Single \$6.95 | Double \$9.95

Served with our Homemade Potato Chips or Creamy Cole Slaw.

Substitute or Add: Soups, Salad, Fries, Onion Rings or Grilled Veggies for an additional charge.

HOFMANN'S GERMAN FRANK

Beef, Pork and Veal

HOFMANN'S SNAPPY GRILLER

White dog made with pork and veal

NATHAN'S FAMOUS

Skinless all beef dog



FREE TOPPINGS:

Dill Relish • Sweet Relish • Raw Onions • Cheese Sauce • Cole Slaw • Sauerkraut • Jalapenos • Homemade Chili Sauce

THE DAWG POUND

One pound of Hot Dogs (5) along with your choice of a Homemade basket \$26.





BURGERS

All of our Burgers are made from Ground Chuck and Hand Pattied In House!

Served with our Homemade Potato Chips or Creamy Cole Slaw.

Substitute or Add: Soups, Salad, Fries, Onion Rings or Grilled Veggies for an additional charge.

HOUSE BURGER* Homemade ½ pound of ground chuck \$10.95

ELK BURGER* Homemade ½ pound of grassfed Elk \$13.95

CHOICE OF TOPPINGS: Lettuce, Tomato, Red Onion, Pickles ~ free Chili, Mushrooms, Grilled Onions, Cole Slaw, Jalapenos ~ .50¢ American, Swiss, Cheddar, Provolone, Blue Cheese, Bacon ~ \$1

PITTSBURGER* Fries, slaw and sunny side up egg \$12.95

PRIMUS* Cheddar, bacon, BBQ and wings \$12.95

JEROME BURGER* Bacon, red BBQ, sriracha, cheddar cheese and onion straws \$12.95

VEGGIE BURGER A homemade blend of roasted vegetables topped with melted swiss cheese, lettuce, tomato and onion \$10.95

*Burgers are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SANDWICHES

All Sandwiches and Wraps served with our Homemade Potato Chips or Creamy Cole Slaw. Substitute or Add: Soups, Salad, Fries, Onion Rings or Grilled Veggies for an additional charge.

CUBAN Pork tenderloin, tavern ham, dill pickles with swiss cheese, yellow mustard and mayo \$10.95

THE TURKEY JONES Turkey, bacon, swiss cheese, fries and gravy \$10.95

PRIME RIB CHEESESTEAK Sliced Prime Rib, mushrooms, onions, and provolone \$13.95

GYRO Grilled beef and lamb on a pita with lettuce, tomato, sauteed onions and homemade tzatziki sauce \$10.95

CHICKEN GYRO Grilled chicken on a pita with lettuce, tomato, sauteed onions and homemade tzatziki sauce \$10.95

CHICKEN SANDWICH Grilled with lettuce, tomato and red onion. Add any additional toppings for an extra charge \$9.95

SPICY ITALIAN SAUSAGE

Onions, peppers provolone and marinara \$10.95

BRATWURST SANDWICH

Grilled and served with sauerkraut \$10.95

BLT Bacon, lettuce and tomato on sourdough. Mayo upon request \$8.95



CLEVELAND POLISH BOY

Grilled kielbasa topped with french fries, BBQ sauce and cole slaw \$10.95

PULLED PORK SANDWICH

Pulled pork (or sub smoked chicken), Carolina BBO sauce and onion straws \$10.95

FISH SANDWICH Fish of the Day grilled, blackened or fried \$12.95

GROUPER SANDWICH Grilled, blackened or fried \$14.95

SHRIMP PO'BOY Lightly fried in PBR beer batter \$12.95

VEGGIE GYRO Grilled vegetables served on a pita with lettuce, tomato, feta cheese and tzatziki sauce \$10.95

WRAPS Choice of Flour or Whole Wheat Tortilla

PULLED PORK WRAP With Carolina BBO sauce & fried onion straws. Slaw upon request \$10.95

BBQ WRAP Lightly fried chicken, tossed with BBQ sauce, lettuce, tomatoes, cheddar & ranch dressing \$10.95 Substitute Shrimp \$11.95

GREEK WRAP Grilled chicken, lettuce, tomatoes, kalamata olives, feta cheese & Greek dressing \$10.95 Substitute Shrimp \$11.95

CAESAR WRAP Grilled chicken, romaine, parmesan cheese & caesar dressing \$10.95 Substitute Fish \$11.95

SALMON BLT With our Soul Sauce \$13.95

MEDITERRANEAN TUNA Kalamata olives. tomatoes, cucumbers, red onions, feta cheese and sundried tomato vinaigrette \$13.95



BUFFALO WRAP Lightly fried chicken tossed in hot sauce, with lettuce, tomato, cucumber, cheddar and ranch \$10.95 Substitute Shrimp \$11.95

BLACK BEAN WRAP Black beans, lettuce, tomatoes, red onion, cheddar cheese. salsa, sour cream & tortilla chips \$10.95

TAVERN PLATES

Served with crispy cut french fries and cole slaw. Add Grilled Pita \$1.00. Sub or Add Soup, Salad or Veggies for an additional charge

FISH 'N CHIPS PBR beer battered and fried golden brown, or choose grilled or blackened \$16.95

CHICKEN DINNER Grilled or blackened \$16.95 or smothered with sauteed onions and peppers with provolone cheese \$18.95

SAUSAGE SAMPLER Spicy Italian, bratwurst and kielbasa topped with sauerkraut, onions and peppers \$16.95

FISH DINNER Grilled, blackened or fried \$20.95

GROUPER DINNER Grilled, blackened or fried \$24

DUO Fish & Shrimp, grilled, blackened or fried \$16.95

SHRIMP PLATTER Grilled, blackened or fried \$16.95

SALMON DINNER with brown sugar and bourbon glaze \$18.95

TUNA DINNER with caramelized onions in a teriyaki sauce \$18.95

SMOKED PLATE Smoked chicken, pork and kielbasa sausage \$17.95



EARLY BIRD!

4pm-6pm,
Complimentary
Cup of Soup or
Caesar Salad

DESSERTS



Fried Twinkie \$6 • Warm Brownie Sundae \$5 • Fried Oreo \$6 Baby Cakes \$6 • Homemade Carrot Cake \$6 • Root Beer Float \$5 Ask your server about today's homemade dessert special!

BEVERAGES

COKE, DIET COKE, MR. PIBB, SPRITE, GINGER ALE,
SWEET OR UNSWEET TEA, PINK LEMONADE, COFFEE & HOT TEA \$2

IBC ROOT BEER, RED BULL, SUGAR FREE RED BULL \$3

HEALTHY MENU OPTIONS

PROTEIN BOWLS

Lose the bun, cheese and chips! Turn your sandwich into a low carb, low calorie, protein bowl!

PICK A BOWL & THEN YOUR PROTEIN \$13.95 (DOUBLE PROTEIN +\$5)



POWER BOWL

276 Calories Active Lifestyle, Weight Maintenance

Quinoa, Grilled Vegetables and Black Beans with choice of Protein



SKINNY BOWL

100 Calories Weight Loss

Grilled Vegetables on Spinach and Field Greens with choice of Protein

PROTEIN CHOICES

Grilled Fish (120 Cal) Salmon +\$2 (169 Cal) Tuna +\$2 (122 Cal) Shrimp (60 Cal) Grouper +\$4 (120 Cal) Grilled Chicken (153 Cal) Smoked Chicken (183 Cal) Roasted Turkey (300 Cal) Smoked Pork (381 Cal) Gyro Meat (420 Cal) Burger Patty (540 Cal) Elk Patty +\$4 (331 Cal) Prime Rib +\$2 (500 Cal) Grilled Tofu (244 Cal) Veggie Burger (200 Cal)

LOW CARB OPTIONS

Convert any of our Wraps, Burgers or Sandwiches into a Lettuce Wrap or Sandwich Salad Bowl



SANDWICH SALAD BOWL

On a Large Garden Salad



LETTUCE WRAPS

on Fresh Romaine Lettuce Leaves

LOW CAL ~ Sub Grilled Vegetables on any Plate or Bowl (50 cal) or Sub Soup or Salad

GLUTEN FREE ~ We have GF Burger & Hot Dog Buns. Our Greek, Caesar, Golden Italian and Tomato Vinaigrette are all GF

VEGETARIAN ~ We have Soy Dogs, Veggie Burgers, Gyros and Black Bean Wraps **VEGAN** ~ Sub Tofu on any Salad or Bowl **PALEO** ~ Sub Grass Fed Elk on Salad or Bowl

LOW FAT ~ Anything Fried can be Grilled or Blackened. Fat Free Sundried Tomato Vinaigrette (90 cal), Oil & Vinegar (140 cal), Golden Italian (200 cal), Greek (200 cal). Ask for no cheese.

DAILY DRINK SPECIALS!



DAILY DRINK SPECIALS!

MONDAYS & THURSDAYS
BUCKET NIGHT
\$15 DOMESTICS
\$18 IMPORTS



TUESDAYS
WINE NIGHT
30% OFF
BOTTLES OF WINE

WEDNESDAYS \$6 SPECIALTY DRINKS

Street Meet Tea • Bacardi Hurricane Malibu Bahama Mama • Orange Smash Absolut Lime Cosmo • The Arnie Southbound Grey Hound • Ginger Cider Sauza Tequila Sunrise • Juicy Lucy Beach Party Punch



FRIDAYS VODKA NIGHT

\$5 DEEP EDDY VODKAS

Flavors: Regular, Lemon, Orange, Peach, Sweet Tea & Ruby Red Grapefruit

SATURDAYS

CORONA, CORONA LIGHT \$3 MODELO & MODELO NEGRA \$3

SAUZA HORNITOS MARGARITA SPECIALS
HOUSE \$5 | UPTOWN \$7

320Z RITA WITH SOUVENIR CUP \$10.50
320Z UPTOWN RITA WITH SOUVENIR CUP\$12.50



*8 PBR PITCHERS

*5 ABSOLUT PEPPAR
BLOODY MARYS









